

Adella Demou

Trainee

Features & Dramas

Title	Company	DOP / Director	Role	Format
Gangs Of London	Netflix, Pulse Films	DIR: Jean Luc Herbulot	Video Trainee (Dailies)	
Hawksmoor, S1	Netflix	DIR: Jamie Payne	DIT Trainee (Dailies)	
Hestia, S1	Merman	DIR: Dawn Shadforth	Video Trainee (Dailies)	
Mechanical S4	Apple TV	Aric Avelino	DIT/Video Trainee (Dailies)	Sony Venice 2
Deal Or No Deal, S2 Reboot	Remarkable Entertainment	CS: Derek Pennell	Camera Assistant (Dailies)	
RuPaul Drag Race UK, S8	BBC	CS: Rob Sargent	Camera Trainee (Full Series)	
War, S1	Binital Banijay	CS: Nigel Saunders	Camera Assistant (Dailies)	
Josh Groban Concert	Cheese Film & Video	Steve Organ	Tech Trainee (Dailies)	
NFL	Hungry Bear Media	CS: Mike Callan	Camera Trainee (Dailies)	
Big Brother	Binital Banijay	CS: Ahmet Bekir	Camera Trainee (Dailies)	
Good People, Bad Things	Alpha Baby UK Ltd	Charlie Saroff	Video Trainee (Dailies)	Alexa 35
Strictly Come Dancing - TV Series 22	BBC	Lincoln Abraham (Camera Supervisor)	Camera Trainee	Sony HDC-3500
EFL Plymouth Argyle & Portsmouth -TV News	Sky Sports	Toni Adepegba (Camera Operator)	Camera Trainee	Sony HDC-4800

Commercials & Short Form

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Olivier Award	BBC	CS: Nigel Saunders	Camera Assistant	

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Josh Groban Concert	Cheese Film & Video	Steve Organ	Tech Trainee (Dailies)	
Meet The Queens	BBC	DP: Connor O'Grady	Camera Trainee (Dailies)	
Winter Warmer Retreat	Wider Horizons	Ben Christie (Client)	Stills Photographer, Camera Assistant	Canon EOS 700D
Arsenal	Sky Sports	Stuart Bentley	Camera Trainee	Arri Alexa Mini LF
Tony Collins Football's Forgotten Master Spy - Short Documentary	Dark Matters TV	Ian Watts	Camera Trainee	Canon C300 Mark III
Tech & Sports Company (NDA) - Advertisement	Dreamtek	Cam Smith	Camera Trainee	Sony FX9
Abbie Piper VooDoo - Music Video	VMI	Greg Duffield	Camera Trainee	Sony VENICE AXS-R7 4K
Later... With Jools Holland - TV Series 66	BBC	Sophie Penwill (Camera Supervisor)	Camera Trainee	Arri Amira
Electric Brixton + Tate Modern: JD Event	Cultur FM	Nelson Nieth (Director)	Camera Assistant, Focus Puller	Sony FX3
Benjamin Zephaniah Day Event	Liklemor Productions	Bob Clark (Director)	Camera Assistant & Videographer	Blackmagic URSA (4K)
Pointless - TV Series 32	Remarkable Entertainment (Banijay) for BBC	Nigel Saunders (Camera Supervisor)	Rotational Crew Trainee	Sony HDC-1500
Deal Or No Deal -TV, October 2024	Remarkable Entertainment (Banijay) for ITV	Dereck Pernell (Camera Supervisor)	Rotational Crew Trainee	Sony HDC-4300
Promotional Content	The Wilderness Festival (Client)	N/A	Stills Photographer	Canon EOS 700D
Promotional Content	Medicine Festival (Client)	N/A	Stills Photographer	Canon EOS 700D
Nature Nurtures Anthology	London Wildlife Trust	N/A	Stills Photographer	Canon EOS 700D
Jurassic World: The Experience - Advertisement	Digital Media Services UK Ltd (DMS)	Andrew Litt	Runner, Camera Trainee	Sony FX6